

One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek Him in His temple. Psalm 27:4

It is easy to just read one verse and believe you understand what it means, but at times, we lose the true meaning behind that verse. Or we fail to understand the depth and significance of the verse. Psalm 27:4 is one of those verses. David is describing what it is like when his enemies are seeking to destroy him. And, in the middle of discussing his fears, he states that his only desire is to be in the presence of God.

Fear can be a powerful emotion. It can keep people from taking part in desired activities. It can also emotionally separate them from relationships. Fear can even have a negative consequence with your physical health and mental health. It is a horrible feeling when you feel frozen by fear.

In the midst of all this fear, David is saying to seek God. That sounds too simple! But it is in this simplicity of trusting God that we begin to overcome our fears. Seeking God does not mean that you will not fear. It does mean that God will be with you as you confront your fears. It means that He will give you the courage to take the next step. The reality is we will have greater fulfillment in life when we seek God in our good times and in our struggles. Are you willing to trust in God even when you are surrounded by trouble?

Read Psalm 27