## He gives strength to the weary and increases the power of the weak. Isaiah 40:27

When I graduated from college, my parents gave me a framed picture of an eagle soaring above the mountains with the quote of Isaiah 40:31. The verse reads, "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk, and not faint." That picture still hangs in my office today. Because in our world, and in ministry, you can feel emotionally exhausted due to disappointment and life events. Sometimes all of us need a reminder that God is with us and will lift us up, even when we feel like we cannot take another step.

I have noticed as we recover from the Pandemic, people seem to have a difficult time dealing with obstacles in their lives. As people become overwhelmed, they want to just give up on life. Or they are turning to an addiction. Or they are filled with rage and anger and begin lashing out at others. In Isaiah, the people of Israel are living in Exile and many of them have given up hope. In verses 40:27-31, Isaiah is not saying they need to be patient by waiting on God. The real message for the people of Israel is that God has not forgotten them. He is reminding them that their hope is in a God that is still in control of all things. So, as you get overwhelmed with life circumstances, what are you going to turn to? Remember, God is still involved in your life and your ultimate hope is in HIM.

Read Isaiah 40: 27-31